

Preface

The social sciences and humanities continue to play a pivotal role in understanding the complexities of human behaviour, societal transformation, and cultural dynamics in an increasingly interconnected world. Rapid socio-economic changes, technological advancements, and evolving demographic patterns have intensified the need for research that addresses contemporary social challenges while promoting inclusive and sustainable development. This special issue brings together scholarly contributions that examine pressing issues within diverse social contexts, offering insights that are both theoretically grounded and practically relevant.

As societies navigate challenges such as economic inequality, mental well-being, family dynamics, and youth development, there is a growing emphasis on interdisciplinary approaches that integrate psychological, sociological, and behavioural perspectives. The studies featured in this issue highlight the importance of resilience, adaptive coping mechanisms, and social support systems in addressing these challenges. Collectively, they contribute to a deeper understanding of how individuals and communities respond to adversity and change.

This special issue focuses on recent developments in social sciences and humanities research, particularly within the Malaysian and regional context. It covers a wide range of topics, including but not limited to:

- Socioeconomic challenges and resilience among vulnerable populations
- Mental health, well-being, and coping strategies
- Youth behaviour, risk factors, and social influences
- Family dynamics and developmental outcomes
- Cultural and community-based interventions

The contributions in this issue aim to advance scholarly discourse while informing policy and practice. It is hoped that the insights presented will serve as valuable references for researchers, practitioners, and policymakers committed to fostering inclusive, resilient, and sustainable societies.

Guest Editors

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